

# December 2015 Lunch Menu

Monday

Tuesday

Wednesday

Thursday

Friday

<p>30 Lemon Herbed Chicken <i>or</i> <b>Taiwan Minced Pork with Egg</b></p>	<p>1 Roast Beef with Gravy</p>	<p>2 Pineapple Glazed Pork &amp; Vegetable Soup</p>	<p>3 Chili Rellenos  Casserole <i>or</i> <b>Cilantro Chicken</b></p>	<p>4 Spaghetti with Meatballs</p>
<p>Alternate Choices: Chef Salad <i>or</i> Spinach/Walnut/Cranberry Salad <i>or</i> Turkey Sandwich <i>or</i> Black Bean Burger</p>				
<p>7 Baked Tilapia with Ginger Sauce <i>or</i> <b>Beef with Vegetables</b></p>	<p>8 BBQ Pulled Pork &amp; Navy Bean Soup</p>	<p>9 Meatloaf with Gravy</p>	<p>10 Orange Glazed Chicken <i>or</i> <b>Kung Pao Chicken</b></p>	<p>11 Creamy Turkey with Vegetables &amp; Biscuit</p>
<p>Alternate Choices: Greek Chicken Salad <i>or</i> Veggie Tomato, Cucumber &amp; Quinoa Salad <i>or</i> Tuna Salad Sandwich <i>or</i> Grilled Cheese Sandwich</p>				
<p>14 Roast Pork with Apples <i>or</i> <b>Eggplant with Fish</b></p>	<p>15 Chicken in Basil Cream   <i>Birthday Celebration Oct-Dec</i></p>	<p>16 Cheeseburger</p>	<p>17 Roast Turkey with Gravy <i>or</i> <b>Pork Chop with Onion</b></p>	<p>18 <i>Senior Center Holiday Celebration</i>  <i>(menu to be announced)</i></p>
<p>Alternate Choices: Chicken Cranberry Salad <i>or</i> Spinach, Almond &amp; Egg Salad <i>or</i> Chicken Salad Sandwich <i>or</i> Lentil Pita Wrap</p>				
<p>21 Roast Beef with Gravy <i>or</i> <b>Lemon Grass Pork</b></p>	<p>22 <i>Christmas Lunch Celebration</i> <i>Rib Roast Au Jus</i> </p>	<p>23 Rotisserie Chicken &amp; Black Bean &amp; Kale Soup</p>	<p>24  <b>Senior Center Closed for Christmas Holiday</b></p>	
<p>Alternate Choices: Chinese Chicken Salad <i>or</i> Veggie Lentil Salad Salad <i>or</i> Waldorf Turkey Pita <i>or</i> Veggie Burger</p>				
<p>28 Mushroom Chicken <i>or</i> <b>Fish with Tomato Curry</b></p>	<p>29 <i>New Year's Lunch Celebration</i>  <i>Seafood Cioppino</i></p>	<p>30 Beef Pot Roast</p>	<p>31 Chicken Scaloppini <i>or</i> <b>Japanese-Style BBQ Chicken</b></p>	<p>1 <b>Senior Center Closed for New Year's Day Holiday</b> </p>
<p>Alternate Choices: BBQ Chicken Salad <i>or</i> Black Bean &amp; Quinoa Salad <i>or</i> Vietnamese Pork Sandwich <i>or</i> Veggie Pita</p>				

- **Call (408) 586-3413 to make or cancel your reservation.** Reservations are required to guarantee a lunch. *If you are unable to come for lunch and fail to cancel your reservation, your remaining reservations will be canceled until we hear from you.*
- **Reservations must be made by Noon (12:00 pm) 2 days before you plan to attend (order by Noon on Thursday for a Monday lunch).**
- Suggested contribution is \$3.00 for seniors 60 years and older. Guests under 60 are \$6.00.
- Check-In Desk is open 10:30-11:45 am. Please check-in by 11:30 am or your lunch may be given to someone on the Waiting List.
-  Indicates meals that exceed 1,000 mg of sodium.