

February 2016 Lunch Menu

Monday

Tuesday

Wednesday

Thursday

Friday

<p>1 Italian Pork Tenderloin or Braised Chicken</p>	<p>2 Roast Beef with Gravy</p>	<p>3 Garlic Stir Fry Chicken</p>	<p>4 Broiled Tilapia with Parmesan or Lemon Grass Pork</p>	<p>5 Chicken Fajita & Vegetable Chowder </p>
<p>Alternate Choices: Thai Pork & Mango Salad or Veggie Cottage Cheese & Fruit Salad or Chicken Salad Sandwich or Black Bean Burger</p>				
<p>8 BBQ Beef Sandwich or Fish with Scallion and Ginger</p>	<p>9 Pork Chop with Onion Gravy </p>	<p>10 Rosemary Turkey with Gravy</p>	<p>11 Chicken Florentine Casserole & Tomato Soup or Lion Head Meatball   2016</p>	<p>12 Senior Center Closed for Presidents Day Holiday</p>
<p>Alternate Choices: Greek Chicken Salad or Veggie Hawaiian Fruit Salad or Roast Beef Sandwich or Veggie Pita</p>				
<p>15 Senior Center Closed for Presidents Day Holiday</p>	<p>16 Baked Fish with Lemon Sauce & Black Bean & Kale Soup </p>	<p>17 BBQ Pulled Pork Sandwich</p>	<p>18 Meatloaf with Gravy (No Asian-style meal because restaurant is closed for renovation)</p>	<p>19 Chicken & Black Bean Casserole</p>
<p>Alternate Choices: Chicken Caesar Salad or Veggie Black Bean & Orzo Salad or Turkey & Grape Wrap or Grilled Cheese Sandwich</p>				
<p>22 Turkey Tetrazzini (No Asian-style meal because restaurant is closed for renovation)</p>	<p>23 Coriander Chicken with Mango Salsa</p>	<p>24 Baked Beef Rigatoni & Tuscan Bean Soup </p>	<p>25 Sweet & Sour Pork (No Asian-style meal because restaurant is closed for renovation)</p>	<p>26 Fish Sandwich with Lemon & Tartar Sauce</p>
<p>Alternate Choices: Santa Fe Chicken Salad or Veggie Spinach, Walnut & Cranberry Salad or Roast Pork Sandwich or Veggie Sandwich</p>				
<p>29 Roast Pork with Apples or Garlic Chicken</p>	<p>March 1 Chile Relleno Casserole</p>	<p>2 Italian Herbed Chicken</p>	<p>3 Beef Loin with Gravy & Navy Bean Soup or Fish with Black Bean Sauce </p>	<p>4 Creamy Turkey with Vegetables & Biscuit</p>
<p>Alternate Choices: Brazilian Pork Salad or Veggie Lentil Salad or Tuna Salad Sandwich or Veggie Wrap</p>				

- **Call (408) 586-3413 to make or cancel your reservation.** Reservations are required to guarantee a lunch. *If you are unable to come for lunch and fail to cancel your reservation, your remaining reservations will be canceled until we hear from you.*
- **Reservations must be made by Noon (12:00 pm) 2 days before you plan to attend (order by Noon on Thursday for a Monday lunch).**
- Suggested contribution is \$3.00 for seniors 60 years and older. Guests under 60 are \$6.00.
- Check-In Desk is open 10:30-11:45 am. Please check-in by 11:30 am or your lunch may be given to someone on the Waiting List.
-  Indicates meals that exceed 1,000 mg of sodium.