

Barbara Lee Senior Center  
**May 2015 Lunch Menu**

Monday	Tuesday	Wednesday	Thursday	Friday
<p>4 Pork Cutlet with Gravy <i>or</i> <b>Mongolian Beef</b></p>	<p>5 <i>Cinco de Mayo Lunch</i> Beef Enchilada </p>	<p>6 (breaded) Beef Steak &amp; Vegetable Soup </p>	<p>7 Roast Turkey with Gravy <i>or</i> <b>Pork Adobo with Tofu</b></p>	<p>8 Chicken Milano</p>
<p>Alternate Choices: Turkey &amp; Egg Salad <i>or</i> Veggie Creamy Cucumber Salad <i>or</i> Turkey Sandwich <i>or</i> Veggie Pita</p>				
<p>11 Turkey a la King <i>or</i> <b>Braised Chicken</b></p>	<p>12 Beef Fajita (with Green Peppers &amp; Onion) and Tortilla Soup </p>	<p>13 Roast Chicken</p>	<p>14 Fish (unbreaded) with Ginger Sauce <i>or</i> <b>Lemon Grass Pork Chop</b></p>	<p>15 Roast Beef with Gravy</p>
<p>Alternate Choices: Chef Salad <i>or</i> Veggie Cottage Cheese &amp; Fruit Salad <i>or</i> Chicken Salad Sandwich <i>or</i> Black Bean Burger</p>				
<p>18 BBQ Pulled Pork Sandwich <i>or</i> <b>Curry Chicken</b></p>	<p>19 Baked Fish (breaded) with Tartar Sauce</p>	<p>20 Rosemary Turkey with Gravy</p>	<p>21 Spaghetti with Meatballs &amp; Minestrone Soup  <i>or</i> <b>Vinegar Spare Ribs</b></p>	<p>22 Chicken Divan</p>
<p>Alternate Choices: Chinese Chicken Salad <i>or</i> Pasta Roasted Veggie Salad <i>or</i> Roast Beef Sandwich <i>or</i> Veggie Wrap</p>				
<p>25  <b>Senior Center Closed for Memorial Day Holiday</b></p>	<p>26 Herbed Roasted Chicken</p>	<p>27 Roast Pork with Gravy</p>	<p>28 Cajun Chicken Pasta <i>or</i> <b>Sauteed Beef with Vegetables</b></p>	<p>29 Turkey Flatbread Pizza &amp; Chicken Noodle Soup </p>
<p>Alternate Choices: Chicken Caesar Salad <i>or</i> Veggie Bean Salad <i>or</i> Turkey Sandwich <i>or</i> Veggie Patty Burger</p>				

- **Call (408) 586-3413 to make or cancel your reservation.** Reservations are required to guarantee a lunch. *If you are unable to come for lunch and fail to cancel your reservation, your remaining reservations will be canceled until we hear from you.*
- **Reservations must be made by Noon (12:00 pm) 2 days before you plan to attend (order by Noon on Thursday for a Monday lunch).**
- Suggested contribution is \$3.00 for seniors 60 years and older. Guests under 60 are \$6.00.
- Check-In Desk is open 10:30-11:45 am. Please check-in by 11:30 am or your lunch may be given to someone on the Waiting List.
-  Indicates meals that exceed 1,000 mg of sodium.
- Meals are to be eaten at the lunch program. Taking meals from the lunch room is done at your own risk and should be eaten or refrigerated within 30 minutes of leaving. Reheat in a 350°F oven until bubbly for 5 minutes. Discard any food left after 3 days.