

October 2015 Lunch Menu

Monday

Tuesday

Wednesday

Thursday

Friday

<p>28 Herbed Roasted Pork with Applesauce or Scrambled Eggs with Bay Shrimps</p> <p>Alternate Choices: Chinese Chicken Salad or Lentil Salad or Vietnamese Pork Sandwich or Veggie Pita</p>	<p>29 Rotisserie Chicken with Lentil Soup </p>	<p>30 Combination Flatbread Pizza</p>	<p>October 1 Italian-Style Flounder or Lion Head Meatballs</p>	<p>2 Chicken Fajitas with Bell Peppers</p>
<p>5 Open Faced Turkey Sandwich or Beef Shank with Chinese Turnip</p> <p>Alternate Choices: Chicken Caesar Salad or Veggie Black Bean & Orzo Salad or Roast Beef on Rye Sandwich or Veggie Wrap</p>	<p>6 Chicken Divan Casserole</p>	<p>7 Broiled Tilapia Parmesan</p>	<p>8 Beef Cabbage Roll or Scrambled Eggs with Bay Shrimps</p>	<p>9 Ginger Pork with Broccoli & Asian Veg Soup </p>
<p>12 Lemon Herbed Chicken or Taiwan Minced Pork with Egg</p> <p>Alternate Choices: Chef Salad or Spinach/Walnut/Cranberry Salad or Turkey Sandwich or Black Bean Burger</p>	<p>13 Roast Beef with Gravy</p>	<p>14 Pineapple Glazed Pork & Vegetable Soup</p>	<p>15 Chili Rellenos  or Cilantro Chicken</p>	<p>16 Spaghetti with Meatballs</p>
<p>19 Baked Tilapia with Ginger Sauce or Beef with Vegetables</p> <p>Alternate Choices: Greek Chicken Salad or Tomato, Cucumber, Quinoa Salad or Tuna Salad Sandwich or Grilled Cheese Sandwich</p>	<p>20 BBQ Pulled Pork & Navy Bean Soup </p>	<p>21 Meatloaf with Gravy</p>	<p>22 Orange Glazed Chicken or Kung Pao Chicken</p>	<p>23 Creamy Turkey with Vegetables & Biscuit</p>
<p>26 Roast Pork with Apples or Steamed Eggplant with Fish</p> <p>Alternate Choices: Chicken Cranberry Salad or Spinach, Almond & Egg Salad or Chicken Salad Sandwich or Lentil Pita</p>	<p>27 Chicken in Basil Cream</p>	<p>28 Cheeseburger</p>	<p>29 Roast Turkey with Gravy or Pork Chop with Onions</p>	<p>30 Spinach Lasagna & Tomato Soup  </p>

- **Call (408) 586-3413 to make or cancel your reservation.** Reservations are required to guarantee a lunch. *If you are unable to come for lunch and fail to cancel your reservation, your remaining reservations will be canceled until we hear from you.*
- **Reservations must be made by Noon (12:00 pm) 2 days before you plan to attend (order by Noon on Thursday for a Monday lunch).**
- Suggested contribution is \$3.00 for seniors 60 years and older. Guests under 60 are \$6.00.
- Check-In Desk is open 10:30-11:45 am. Please check-in by 11:30 am or your lunch may be given to someone on the Waiting List.
-  Indicates meals that exceed 1,000 mg of sodium.