

**CITY OF MILPITAS
SENIOR ADVISORY COMMISSION**

Minutes: Senior Advisory Commission
Date of Meeting: April 22, 2014
Place of Meeting: Barbara Lee Senior Center, Room 140

A. CALL TO ORDER

Chairperson Barbara Ebright called the meeting to order at 1:30 pm.

B. ROLL CALL

Commissioners Present: Mary Banick, Barbara Ebright, Estrella Gilana,
Melba Holliday, Deborah Langley, Denny Weisgerber,
Patrick Yung

Alternates Present: Jenny Berryhill

Commissioner Absent: Karen Adams, Bal Daquigan (resigned)

Alternates Absent: Jae Wi

Council Liaison Present: Mayor Jose Esteves

Staff Present: Stephanie Douglas, Recreation Supervisor
Lynette Wilson, Recreation Coordinator

SEATING OF ALTERNATES: Jenny Berryhill seated for Karen Adams

C. PLEDGE OF ALLEGIENCE

Chairperson Ebright led the Commission in the Pledge of Allegiance.

D. ADOPTION OF AGENDA

MOTION: To adopt the Agenda of the April 22, 2014 Senior Advisory.
M/S: Weisgerber/Holliday. **Ayes:** Unanimous

E. APPROVAL OF THE MINUTES

MOTION: To approve the Minutes of the February 25, 2014 Senior Advisory Commission.
M/S: Holliday/Weisgerber. **Ayes:** Unanimous

F. FINANCIAL REPORT

The Commission reviewed the Financial Reports distributed at the meeting, for the period of February 1-March 31, 2014. The starting balance in February was \$4856.30, the revenues totaled \$165.09 and the expenses totaled \$75.33, leaving an ending balance of \$4946.06 (an increase of \$89.76)

MOTION: To approve the Financial Reports ending March 31, 2014.
M/S: Ebright/Holliday. Ayes: Unanimous

G. PUBLIC FORUM:

None.

H. ANNOUNCEMENTS/ CORRESPONDENCE:

a. Update from Police Department:

Police Chief Pangelinan stated he wanted to remind the commissioners and others to be safe, especially as the weather gets nicer. There has been an increase in the rate of motor vehicle vs. pedestrians accidents (especially older adults), and it is not always the driver's fault. There have been five incidents since the beginning of this year. Many people are not paying attention as they walk or bike. If one is driving or walking, be aware of surroundings and do not have music up too loud. Police staff will be going out to places in the community to talk with people, especially older adults, about safety.

Commissioner Weisgerber said he has noticed that not all motorists or pedestrians stop or pay attention to the crosswalks in front of the Senior Center/City Hall.

Chief Pangelinan replied the Police have had decoy officers portray as pedestrians to catch motorists who do not stop when the lights flash, and could do another round of it.

Some other commissioners commented that Mountain View has crosswalks that also have flashing lights in the pavement to be more visible, or suggested adding sound. Commissioners also suggested other locations for the Police to keep an eye on such as the area right outside Peete's Coffee & Tea in the Town Center Shopping Center, on Hillview in front of IHOP, and on S. Park Victoria Dr in the areas of Canton and Calaveras.

Commissioner Yung asked if bicycles were allowed on sidewalks. Chief Pangelinan replied sidewalks were technically for pedestrians but bikes were allowed if it was a matter of safety.

Commission Chair Ebright asked about instances in Watsonville/Santa Cruz area of people going door-to-door selling services to lower energy. When people realize they are not saving, they get charged an extra \$50 to change back. Police Chief Pangelinan replied he had not heard of that happening yet in Milpitas.

b. Milpitas Recreation Services Programs:

Recreation Supervisor Stephanie Douglas announced the following Recreation Services events taking place in the next few months:

- Commissioner Appreciation on April 26, 11:30 am (Community Center)
- New Registration/Reservation Software Program – ActiveNet goes live in May
- Memorial Day Ceremony on Monday, May 26, 9:00 am (Civic Center's Veterans Plaza)
- July 4th Celebration (events and times to be announced)
- Summer Movie Nights: family-friendly movies will be shown in the Senior Center's Community Room on four evenings during the summer

c. Commissioner Updates/Sharing:

Commissioner Ebright informed the Commission that she and Vice-Chair Holliday attended a meeting in Mountain View with commissioners from other senior centers. She thought it was interesting that Sunnyvale does not have a membership fee. Also the chef in Sunnyvale was able to use the kitchen for his own business as long as he did not charge for the first 25 lunches each day at the Senior Center. Commissioners Ebright and Holliday were going to visit Santa Clara's Senior Center the next day.

I. NEW BUSINESS:

1. Work Plan – Stephanie Douglas

The Senior Advisory Commission (SAC) uses a Work Plan to guide them through goals and projects throughout the year. SAC's last Work Plan is from March 2012 and focused on three sub-committees: Senior Health & Resource Fair, a Sunshine Club and identifying the Best Senior Care Home/Facility in Milpitas (later restructured to identify resources for seniors in the community).

Commissioners were given a Work Plan worksheet to help identify Overall Goals, Specific Actions Required to achieve those goals, Goal Deadlines and Required Resources. Commissioners discussed the past Work Plan/Commission goals and what they would like to continue working on and/or change.

Commissioner Langley said in regards to the Sunshine Club project, she had done a small survey one day at the Senior Center when she did blood pressure readings. Of the people she spoke with, very few were in favor of getting phone calls or birthday cards, and didn't think the Sunshine Club was useful.

Commissioner Ebright stated she believed the wellness calls associated with the Sunshine Club would still be good, especially for those who live alone or do not have family or friends near by.

Commissioner Weisgerber added that many people fear invasion of privacy or scams.

The Commission suggested a survey in the Senior Center newsletter and announcements at the lunch program could help guide if the Sunshine Club should be pursued.

City of Milpitas Senior Advisory Commission 2014-2015 Work Plan Worksheet

The Commission advises the City Council on matters pertaining to recreation, leisure, and nutrition services for the Senior Citizens of Milpitas.

Work Plan Summary

- Evaluate Sunshine Program and Determine Future Direction Of Program
- Promote Volunteerism and Fundraising Within The Commission
- Assist With Monthly Resource Presentations
- Promote Senior Resources and Discounts To Milpitas Residents
- Sponsor Senior Center Events and Activities

Overall Goal	Specific Action(s) Required (i.e. participation from __, develop a __, identify __)	Goal Deadline (i.e. on-going, October, end of summer)	Required Resources (i.e. staff, commission, community)
Determine If Sunshine Program is still needed. If yes, then revitalize Sunshine Program with new components. If No, then cancel program	Advertise in Newsletter to determine interest. Survey Members on their ideas for the Sunshine Program.	October 2014	Staff Commissioners
Promote Volunteerism & Fundraising within the Commission	Discuss & possibly amend by-laws to require minimum volunteer hours for current commissioners	December 2014	Staff Commissioners
Assist with Monthly Resource Presentations	Health & Wellness Subcommittee meet on an on-going basis to recruit and recommend presentations	On-Going	Staff Commissioners
Promote Senior Resources & Discounts to Milpitas Senior Residents	Resources Subcommittee meet on an on-going basis to determine current recourse and discounts in Milpitas Community. Create handout to Seniors	On-Going	Staff Commissioners
Sponsor Senior Center Event and Activities	Sponsor and Promote: Birthdays, Dances Holiday Events, Etc.	On-Going	Staff Commissioners

Motion: to allow staff to write up Work Plan from notes to form and forward to City Council for approval.

M/S: Weisgerber/Holliday.

Ayes: Unanimous

J. OLD BUSINESS:

1. Subcommittee Updates – Stephanie Douglas

Senior Community Resources (Yung, Wi)

The Subcommittee met the other month. Commissioner Yung had a list of some businesses that provided discounted services to older adults. The Subcommittee wants to have assistance from the Chamber of Commerce in contacting Milpitas businesses to see what type of senior resources they offer. Staff reported the Chamber of Commerce expressed it would be able to assist after mid-June since it is currently busy working on its International BBQ Festival scheduled for the last weekend of May.

Sunshine Club (Adams, Langley)

No report

Health & Wellness (Ebright, Holliday, Weisgerber, Giliana)

No report.

It was noted that Subcommittees may need to be restructured due to some members no longer on the Commission and some new commissioners not assigned.

2. Commission Fundraisers – Stephanie Douglas

Recreation Supervisor Douglas reminded the Commission that its Bylaws requires the Commission to take an active role in fundraising to help provide some funding for some Senior Center programs. Traditionally, the Commission has paid for the cakes and raffle prizes at the Senior Center's Birthday Celebrations, the Holiday Party & Dance's raffle prizes and some cost for the band's food, and some of the Center's supplies and/or equipment when needed.

One of the Commission's on-going fundraisers is the Bingo session Snack Bar on Wednesday afternoons and during the Bingo Marathons. Some Commissioners encouraged all the commissioners to take a roll in working some Snack Bar shifts so it does not always fall on a few.

In Commissioner Adams' absence, staff member Wilson updated the Commission on the previously discussed HomeTown Buffet fundraiser project. Prior to the winter holidays, Commissioner Adams had submitted paperwork with HomeTown Buffet staff to purchase some discount meal cards for the Commission to sell. Commissioner Adams never received the cards due to some mix-up at the company. When she learned about the problem, she and staff decided to postpone re-submitting the paperwork since it was too late to sell the discount meal cards as holiday gifts.

Staff member Wilson also informed the Commission that See's Candies was sold at the Senior Center as a fundraiser in March and April. SAC received the profits of \$69.

Suggestions regarding doing fundraisers at other restaurants, such as Outback, or doing SCRIPT were also made. Commissioners Weisberger, Berryhill and Ebright volunteered to research and organize another fundraiser.

Motion: to form a Fundraising Subcommittee to research and organize a fundraiser.
M/S: Weisgerber/Holliday. Ayes: Unanimous

K. STAFF, CITY COUNCIL & LIAISON REPORTS:

1. Senior Center Activities Reports – Staff Stephanie Douglas
 - May is Older Americans Month and the Senior Center has scheduled many events: Bingo Marathon (5/3), Speaker on Emergency Safety for Seniors (5/8), Ice Cream Social (5/9), Spring Afternoon Dance (5/16), Pancake Breakfast (5/20), BBQ Lunch (5/30)
 - Trips, Presentations & Events – A list was included in the Agenda Packet for Commissioners' reference
2. Senior Nutrition Program – Staff Stephanie Douglas
 - February 2014: Meals Served 1,430 (79 daily average)
Outreach lunch Riders: 75 one-way trips
 - March 2014: Meals Served 1,753 (82 daily average)
Outreach lunch Riders: 93 one-way trips
3. City Council Report – Mayor Jose Esteves
Mayor Esteves reported the following information:
 - The City and Council are preparing for next year's budget
 - City staff is working on program budgets
 - Water conservation: Milpitas does not have a mandatory percentage of savings but encourages people to save as much as possible

Mayor Esteves also announced that Commissioner Bal Daquigan submitted his resignation due to some health reasons. People are encouraged to apply for the new opening.

4. SourceWise – Vice Chair Melba Holliday
Vice Chair Holliday reported the following from her last SourceWise meeting:
 - SourceWise is setting up its Goals and Objectives
 - She distributed a print out of an article on the California HealthCare Foundation's website regarding Frequent Users of Health Services Initiative
 - California Senior Legislature has at least three openings should people want to get involved
 - CA State Senator Jim Beall (15th Senate District) needs support in trying to get a bill passes on the Mental Health Parity Enforcement Budget Act

L. FUTURE AGENDA ITEMS

M. ADJOURNMENT:

Meeting adjourned at 2:46 pm. The next meeting is scheduled for June 24, 2014, at 1:30 pm, at the Barbara Lee Senior Center.

Respectfully submitted,
Lynette Wilson, Commission Recording Secretary