

RESOLUTION NO. ____

A RESOLUTION OF THE CITY COUNCIL OF THE CITY OF MILPITAS ESTABLISHING A HEALTHY CHOICES POLICY FOR VENDING MACHINES IN CITY PARKS AND RECREATION SERVICES DEPARTMENT FACILITIES

WHEREAS, California is experiencing high rates of obesity and diabetes in both children and adults, causing suffering, illness, and death for many Californians; and

WHEREAS, the City of Milpitas has long made commitments to community health and fitness through its support of parks, open spaces and City-sponsored exercise programs and recreational facilities; and

WHEREAS, the City now desires to formalize a healthy choices policy for vending machines on City Parks and Recreation Services Department-controlled facilities and property.

NOW, THEREFORE, the City Council of the City of Milpitas hereby finds, determines, and resolves as follows:

1. The City Council has considered the full record before it, which may include but is not limited to such things as the staff report, testimony by staff and the public, and other materials and evidence submitted or provided to it. Furthermore, the recitals set forth above are found to be true and correct and are incorporated herein by reference.
2. City staff shall ensure that healthy and nutritious food and beverage choices are made available in vending machines in City Parks and Recreation Services Department-controlled facilities. To the extent commercially feasible, all vending machine beverage and food products shall conform to the nutrition requirements policy attached to this Resolution.

PASSED AND ADOPTED this ____ day of _____, 2010 by the following vote:

AYES:

NOES:

ABSENT:

ABSTAIN:

ATTEST:

APPROVED:

Mary Lavelle, City Clerk

Robert Livengood, Mayor

APPROVED AS TO FORM:

Michael J. Ogaz, City Attorney

CITY OF MILPITAS PARKS AND RECREATION SERVICES

HEALTHY FOOD AND DRINK

VENDING MACHINE POLICY

Good nutrition provides the foundation for growth, development and learning. Having healthy food available contributes to better nutrient intake and more appropriate level of caloric consumption.

Scope and Responsibility:

Food and beverages offered in vending machines located on City operated parks and recreation facilities shall meet specified nutritional standards, to the extent compliance with such standards is commercially feasible.

Policy:

This policy specifies the following nutrition standards for beverages and snacks sold in vending machines:

All beverages sold in each vending machine shall be one of the following types:

- Water, coffee or tea
- Reduced or non-fat milk (including soy or cow's milk, chocolate or other flavored milk not containing more than fifteen (15) grams of added sugar per 250 gram serving or three (3) teaspoons of sugar per one (1) cup of milk)
- 100% fruit/vegetable juice
- Fruit-based drinks containing at least 50% juice and no added caloric sweeteners, and
- Non-caloric beverages or a combination of the above.

All snacks/foods offered in each vending machine shall meet the following criteria:

- Contain no more than 35% calories from fat, with the exception of nuts and seeds packets.
- Snack "mixes" and other foods of which nuts are only a part must meet the overall 35% calories from fat standard.
- Feature not more than 10% of calories from saturated fat
- Contain no trans fats added during processing (hydrogenated oils and partially hydrogenated oils)
- Contain not more than 35% total weight from sugar and caloric sweeteners with the exception of fruits and vegetables that have not been processed with added sweeteners or fats.

NOTE: Furthermore, at least one item meeting the snack criteria in each vending machine shall also meet the FDA definition of "low sodium."