

RESOLUTION NO. _____

**A RESOLUTION OF THE CITY COUNCIL OF THE CITY OF MILPITAS SUPPORTING THE
“LET’S MOVE” CAMPAIGN**

WHEREAS, the City of Milpitas supports policies and programs that focus on health and wellness and healthier community environments; and

WHEREAS, the childhood obesity epidemic is a national health crisis with one in every three children overweight and obese; and

WHEREAS, the 2010 Health Profile for Santa Clara County revealed that 50 percent of adults and 1 in 4 children are overweight or obese; and

WHEREAS, the being overweight and obesity have been shown to lead to heart disease, diabetes, cancer and other chronic diseases; and

WHEREAS, the cost of being overweight, obese, and physically inactive in California due to health care costs and lost productivity is estimated to be \$41.2 billion; and

WHEREAS, the cost of being overweight, obese, and physically inactive in Santa Clara County alone is estimated to be over \$2 billion; and

WHEREAS, many cities, counties and schools have adopted policies, programs and ordinances that promote healthier environments by making their communities walkable and bikeable, promoting the use of transit, eliminating unhealthy foods in city, county or school facilities, promoting incentives for stores that sell fresh produce to locate in depressed neighborhoods, and providing exercise opportunities for their residents; and

WHEREAS, the City of Milpitas is aware that the Santa Clara County Public Health Department has recently been awarded \$3.6 million through the Prevention and Public Health Fund of the Affordable Care Act to expand its Communities Putting Prevention to Work project to include obesity prevention; and

WHEREAS, the City of Milpitas city officials believe there are important long-term community benefits to be gained by creating healthy community environments, including a decrease in the rate of childhood obesity and related risk factors for chronic disease; and

WHEREAS, cities and other community partners can work together to understand the relationship between obesity, land-use policies, redevelopment, and community planning; and

WHEREAS, cities and other community partners, including schools, can work in partnership to ensure that there are safe places for residents to be active such as routes to school, parks, ball fields, pools, gyms, and recreation centers; and

WHEREAS, access to healthy affordable foods has a direct impact on the overall health of our community and planning for the availability of fresh food in neighborhood stores and farmers markets and improved access through sidewalks, bike paths, and transit routes should be a priority; and

WHEREAS, cities and other community partners can work to promote programs that help parents make healthier choices for their families; and

WHEREAS, the City of Milpitas wants to partner with and support the *Let’s Move* Campaign headed by the First Lady of the United States, the Presidents’ Task Force on Childhood Obesity and the Secretary of Health and Human Services, in an effort to solve the challenge of childhood obesity within a generation.

NOW, THEREFORE, the City Council of the City of Milpitas hereby finds, determines, and resolves as follows:

1. The City Council has considered the full record before it, which may include but is not limited to such things as the staff report, testimony by staff and the public, and other materials and evidence submitted or provided to it. Furthermore, the recitals set forth above are found to be true and correct and are incorporated herein by reference.
2. The City of Milpitas has determined to become a *Let's Move City* and will adopt preventive strategies to fight obesity in accord with those put forth by the First Lady of the United States of America in the *Let's Move* campaign.

PASSED AND ADOPTED this ____ day of _____, by the following vote:

AYES:

NOES:

ABSENT:

ABSTAIN:

ATTEST:

APPROVED:

Mary Lavelle, City Clerk

Jose S. Esteves, Mayor

APPROVED AS TO FORM:

Michael J. Ogaz, City Attorney