

RESOLUTION NO. _____

**A RESOLUTION OF THE CITY COUNCIL OF THE CITY OF MILPITAS
PROMOTING HEALTH AWARENESS AND RECOGNIZING ACTION AS A ROLE
MODEL FOR FITNESS, PHYSICAL ACTIVITY, NUTRITION AND WELLNESS TO
THE RESIDENTS AND EMPLOYEES OF THE CITY**

WHEREAS, California is experiencing an epidemic of overweight, obesity, and diabetes costing the State and County financially and causing suffering, illness, and death of Californians; and

WHEREAS, leaders in all branches of government have recognized the problems of overweight, obesity, and diabetes and through an inclusive commitment can lead the City toward increased physical activity and improved nutrition and wellness; and

WHEREAS, data on overweight, obesity, and diabetes for Santa Clara County substantiates the need for action; and

WHEREAS, the City of Milpitas has opportunities to positively affect the health of residents through the built environment, creation and sustain ability of green spaces, policy development, and programs in local communities; and

WHEREAS, children spend a significant amount of time in school settings, and schools have opportunities to positively affect the health of students by offering nutritious food and snacks, quality physical education and health studies, after-school programs, and school-based recreational activities; and

WHEREAS, workplaces can improve productivity, promote health, and reduce liability costs by making available healthy food service and vending choices, increasing access to safe stairways, encouraging bicycling and walking for commuters, and implementing policy development and programs related to employee health.

NOW, THEREFORE, BE IT RESOLVED by the City Council of the City of Milpitas that the City of Milpitas, a public entity established under the laws of the State of California, hereby adopts and encourages the promotion of health awareness by all branches of government, collaborative action by interested communities, initiatives and policy by the Santa Clara County Office of Education and the Milpitas Unified School Board, development of workplace health and wellness policy and practice, and access to recreation and physical activity for all residents including those offered by the Milpitas Recreation Services; and

BE IT FURTHER RESOLVED, that the City Council of the City of Milpitas does recognize that we are empowered to act as a role model for fitness, physical activity, nutrition and wellness, to the residents and employees of our City.

PASSED AND ADOPTED this _____ day of _____, 2007, by the following vote:

AYES:

NOES:

ABSENT:

ABSTAIN:

ATTEST:

APPROVED:

Mary Lavelle, City Clerk

Jose S. Esteves, Mayor

APPROVED AS TO FORM:

Steven T. Mattas, City Attorney