

**CITY OF MILPITAS
SENIOR ADVISORY COMMISSION**

Unapproved Minutes: Senior Advisory Commission
Date of Meeting: January 25, 2011
Place of Meeting: Barbara Lee Senior Center, Room 140

A. CALL TO ORDER

Chairperson Denny Weisgerber called the meeting to order at 1:32 pm.

B. ROLL CALL

Commissioners Present: Denny Weisgerber, Barbara Ebright, Karen Adams,
Bal Daquigan, Estrella Gilana, Bernice Wrinkle

Alternates Present: Melba Holliday, Richard "Lee" Verna

Commissioner Absent: Mary Banick, Florentino Menor, Amanda Santos

Alternates Absent: None

Council Liaison Present: Absent

Staff Present: Renee Lorentzen, Acting Recreation Supervisor

C. SEATING OF ALTERNATES: Melba Holliday and Richard "Lee" Verna

D. ADOPTION OF AGENDA

MOTION: To adopt the Agenda of the January 25, 2011 Senior Advisory Commission.

M/S: Verna/Wrinkle Ayes: Unanimous

E. APPROVAL OF THE MINUTES

MOTION: To approve the Minutes of the October 26, 2010 Senior Advisory Commission.

M/S: Daquigan/Wrinkle Ayes: Unanimous.

F. FINANCIAL REPORT

Acting Recreation Supervisor Lorentzen reviewed the Financial Report distributed at the meeting, for the period of October 1-December 31, 2010. The revenues totaled \$423.50, and expenses totaled \$865.99, leaving an ending balance of \$6,033.77.

MOTION: To approve the Financial Report ending December 31, 2010.

M/S: Daquigan/Holliday. Ayes: Unanimous.

G. PUBLIC FORUM:

Massoud Arefi, a pharmacist at Rite Aid stated that there is a need for seniors to be able to talk with someone regarding their medications. He stated that if the Commission approved

it, he is willing to volunteer his services to provide free consultations about medications and medication plans that can save money in prescriptions.

Staff informed the Commission that this was an item that Senior Center staff would take care of and would be in contact with Mr. Arefi to discuss the details in getting it together.

H. ANNOUNCEMENTS/ CORRESPONDENCE:

a. New Commissioners:

Acting Recreation Supervisor Lorentzen distributed to commissioners copies of two Parliamentary Procedures and a 2011 City of Milpitas calendar so they can keep track of upcoming commission meetings and Senior Center events.

Chairperson Weisgerber welcomed the two new commissioners and reminded them that the commission's purpose is to advise City Council on senior items in the community and make suggestions to Senior Center site staff. He also stated there would be an Open Government Training scheduled in the future for them.

b. Update from Police Department:

None.

c. Milpitas Parks & Recreation Programs:

Acting Recreation Supervisor Lorentzen announced the Commissioners Recognition Brunch would be held on Saturday, April 9, 9:00-11:00 am at Dave & Busters Restaurant. Invitations will be mailed soon. Please RSVP to Lynette Wilson at the Senior Center.

d. Commissioner Updates/Sharing:

None.

I. PRESENTATIONS:

None.

J. NEW BUSINESS:

1. Election of Officers

Per the Senior Advisory Commission Bylaws, a Chairperson and Vice Chairperson will be annually selected at the first meeting of the calendar year to serve for the term of one year.

Chairperson Weisberger opened the floor for nominations for Chairperson. Denny Weisgerber and Barbara Ebright were both nominated and the floor was closed.

Chairperson Weisgerber asked for votes in favor for him as Chair for the 2011 term and received five votes (Gilana, Weisgerber, Wrinkle, Adams, and Holliday). Weisgerber received the majority so no vote for Ebright was taken.

Chairperson Weisgerber opened the floor for nominations for Vice Chair. Barbara Ebright was nominated and the floor was closed. Running unopposed, Ebright was voted to serve as Vice Chair for the 2011 term.

2. Senior Advisory Commission Work Plan

The Commission met on November 16, 2010, to discuss its 2011 Work Plan. Staff distributed a summary/draft of the ideas and proposed programs from that session. Chairperson Weisgerber reviewed the Plan with the Commission which included: Volunteerism, Fundraising, Budget, Senior Health Faire, Best Care Home Award and Sunshine Club Calls.

For the new items from the November session, Chairperson Weisgerber highlighted what the projects would include and asked for subcommittees to be formed to work on them, but reminded the Commission that no more than four members could serve on a subcommittee so to not violate the Brown Act.

The Senior Health Faire would be offered at the same time as the Senior Center Open House to provide maximum exposure of programs and resources. It could possibly including health screens/testing, pharmacy advice, and other "older adult" related resources. Commissioners volunteering for the Subcommittee include: Weisberber, Ebright, Wrinkle and Holliday.

Best Care home Award would create an award application for the "Best Senior Care Home/Facility in Milpitas" and develop an award program. Commissioners volunteering for the Subcommittee include: Holliday, Daquigan. Commissioners Banick and Santos will also be asked to serve.

Sunshine Club Calls: Develop a call list for Milpitas seniors (sick/homebound/frail/lonely) who would a "Care Call" once a week to check in. Commissioners volunteering for the subcommittee include: Adams, Gilana, Verna. Commissioner Santos will also be asked to serve.

K. OTHER BUSINESS:

1.0 STAFF REPORTS

1.1 Recreation Services

- Acting Recreation Supervisor Lorentzen highlighted the upcoming events at the Senior Center as listed on the Agenda.

1.2 Senior Center Nutrition

Acting Recreation Supervisor Lorentzen reported Nutrition and Transportation numbers for October, November and December 2010.

In October there were 2,087 meals served and transported 469 riders.

In November there were 2,009 meals served and transported 438 riders.

In December there were 1,844 meals served and transported 402 riders.

2. LIAISON REPORTS

2.1 City Council - Vice Mayor Peter McHugh

- None

2.2 Council on Aging Advisory Commission – Denny Weisgerber

- None

2.3 Arts Commission – Acting Recreation Services Supervisor Lorentzen

- Acting Recreation Supervisor Lorentzen reported the art work in the Vestibule area (above Senior Center entrance) is a four-panel fresco style art piece and should be completed in March. Additional art projects include Main Street bus shelter enhancements starting in April, and the relocating of the “Cartwheels” sculpture from City Hall to another location still to be determined. A different art piece would be placed in front of City Hall.

2.4 Parks, Recreation & Cultural Resources Commission - Frances Krommenhock

- None.

3. Future Agenda Items

- Medical Cards (Commissioner Adams)
- Work Plan Distribution

L. COMMISSIONER COMMENTS:

Commissioner Verna asked about the Senior Center’s Fitness Room and how staff would know if someone was injured in it. He recommended the possibility of mounting a round mirror, installing a camera system, or a heat sensor system. Acting Recreation Supervisor Lorentzen responded that staff does look in the room from time to time, and is aware of people entering and exiting the room. Also, staff informs people that they should check with their physician prior to starting any exercise program.

Commissioner Ebright recommended that people get a shingles vaccination. She said they are available at Walgreens and Costco, but added that they are expensive.

M. ADJOURNMENT:

Meeting adjourned at 2:25 pm. The next meeting is scheduled for February 22, 2011, at 1:30 pm, at the Barbara Lee Senior Center.

Respectfully submitted,
Lynette Wilson, Commission Recording Secretary