

Barbara Lee Senior Center

May 2016 Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
<p>2 Herbed Roasted Chicken & Minestrone Soup  or Shrimp with Egg</p> <p><i>Alternate Choices: Diced Turkey & Egg Salad or Veggie Black Bean & Orzo Salad or Turkey Burger or Veggie Egg Salad Sandwich</i></p>	<p>3 Pork Cutlet with Gravy</p>	<p>4 Baked Fish (breaded)</p>	<p>5 Beef Enchilada  or Shredded Pork with Celery & Tofu</p>	<p>6 Beef Pot Roast</p>
<p>9 Italian Pork Tenderloin or Braised Chicken</p> <p><i>Alternate Choices: Thai Pork & Mango Salad or Veggie Cottage Cheese & Fruit Salad or Chicken Salad Sandwich or Veggie Black Bean Burger</i></p>	<p>10 Roast Beef with Gravy</p>	<p>11 Garlic Stir Fry Chicken</p>	<p>12 Broiled Tilapia with Parmesan Cheese or Lemon Grass Pork Chop</p>	<p>13 Chicken Fajita & Vegetable Chowder </p>
<p>16 BBQ Beef Sandwich or Fish with Scallion & Ginger</p> <p><i>Alternate Choices: Greek Chicken Salad or Veggie Hawaiian Fruit Salad or Roast Beef Sandwich or Veggie Pita</i></p>	<p>17 Pork Chop with Onion Gravy</p>	<p>18 Rosemary Turkey with Gravy</p>	<p>19 Chicken Divan with Rice & Tomato Soup  or Lion Head Meatball</p>	<p>20 Spinach Lasagna</p>
<p>23 Teriyaki Chicken or Sauteed Beef with Vegetables</p> <p><i>Alternate Choices: Chicken Caesar Salad or Veggie Black Bean & Orzo Salad or Turkey & Grape Wrap or Veggie Grilled Cheese Sandwich</i></p>	<p>24 Baked Fish with Lemon & Tartar  Sauce and Black Bean & Kale Soup</p>	<p>25 BBQ Pulled Pork Sandwich</p>	<p>26 Meatloaf with Gravy or Curry Chickpeas & Tofu</p>	<p>27 Oven Baked Chicken </p>
<p>30 Senior Center Closed for Memorial Day Holiday </p>	<p>31 Coriander Chicken with Mango Salsa</p>	<p>June 1 Baked Beef Rigatoni & Tuscan Bean Soup </p>	<p>2 Sweet & Sour Pork or Tomato Chicken with Egg</p>	<p>3 Fish Sandwich with Lemon & Tartar Sauce</p>
<p><i>Alternate Choices: Santa Fe Chicken Salad or Veggie Spinach, Walnut & Cranberry Salad or Roast Pork Sandwich or Veggie Sandwich</i></p>				

- **Call (408) 586-3413 to make or cancel your reservation.** Reservations are required to guarantee a lunch. *If you are unable to come for lunch and fail to cancel your reservation, your remaining reservations will be canceled until we hear from you.*
- **Reservations must be made by Noon (12:00 pm) 2 days before you plan to attend (order by Noon on Thursday for a Monday lunch).**
- Suggested contribution is \$3.00 for seniors 60 years and older. Guests under 60 are \$6.00.
- Check-In Desk is open 10:30-11:45 am. Please check-in by 11:30 am or your lunch may be given to someone on the Waiting List.
-  Indicates meals that exceed 1,000 mg of sodium.