

July 2016 Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
June 27 Turkey Penne Casserole or Lemon Grass Pork Chop	28 Macaroni & Cheese and Creamy Tomato Soup 	29 BBQ Pulled Pork Sandwich	30 Ginger Chicken or Fish with Tomato Curry	July 1  BBQ Pork Ribs <i>Closed on Monday, July 4 for Independence Day Holiday. Call today by Noon for Tuesday's lunch.</i>
Alternate Choices: Tuna Salad or Veggie Black Bean & Orzo Salad or Turkey Grape Wrap or Veggie Pita				
4 Senior Center Closed for 4th of July Holiday 	5 Sesame Beef	6 Chicken & Black Bean Casserole	7 Asian Pork Char Sui and Wonton Soup or Sauteed Beef with Vegetables 	8 Spinach Lasagna
Alternate Choices: Barzilian Pork Salad or Veggie Cottage Cheese & Fruit Salad or Tuna Salad Sandwich or Veggie Burger				
11 Fish Sandwich  (w/ Lemon & Tartar Sauce) & Manhattan Seafood Chowder or Shrimp & Egg	12 BBQ Chicken	13 Meatloaf with Gravy	14 Cheese Enchilada or Braised Pork Ribs with Pumpkin	15 Asian Chicken Salad
Alternate Choices: Greek Chicken Salad or Veggie Green Pea Salad or Roast Beef Sandwich or Veggie Egg Salad Sandwich				
18 Veggie Quiche or Chicken with Mixed Vegetables	19 Roast Pork with Apple Chutney Sauce	20 Roasted Turkey  with Gravy & Tomato Basil Soup	21 Baked Fish with Ginger Glaze or Japanese Style BBQ Chicken	22 Sweet & Sour Meatballs
Alternate Choices: Chicken Caesar Salad or Veggie Bean Salad or Turkey Sandwich or Veggie Grilled Cheese Sandwich				
25 Teriyaki Chicken or Mongolian Beef	26 Spinach and Cheese Strata	27 Roast Beef with Gravy	28  Chicken Adobo & Wild Rice Soup or Pork Chop with Onion	29 Fish Taco with Mango Salsa
Alternate Choices: Santa Fe Chicken Salad or Veggie Lentil Salad or Roast Pork Sandwich or Veggie Burger				

- **Call (408) 586-3413 to make or cancel your reservation.** Reservations are required to guarantee a lunch. *If you are unable to come for lunch and fail to cancel your reservation, your remaining reservations will be canceled until we hear from you.*
- **Reservations must be made by Noon (12:00 pm) 2 days before you plan to attend (order by Noon on Thursday for a Monday lunch).**
- Suggested contribution is \$3.00 for seniors 60 years and older. Guests under 60 are \$6.00.
- Check-In Desk is open 10:30-11:45 am. Please check-in by 11:30 am or your lunch may be given to someone on the Waiting List.
-  Indicates meals that exceed 1,000 mg of sodium.