

September 2016 Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
Aug 29  Fish Sandwich (w/ Lemon & Tartar Sauce) & Manhattan Seafood Chowder or Shrimp & Egg	30 BBQ Chicken	31 Meatloaf with Gravy	Sept 1 Cheese Enchilada or Pork Chop with Onion	2 BBQ Beef Tri-Tip <i>Closed on Monday, September 5 for Labor Day Holiday. Call today by Noon for Tuesday's lunch.</i>
Alternate Choices: Greek Chicken Salad or Veggie Green Pea Salad or Roast Beef Sandwich or Veggie Egg Salad Sandwich				
5 Senior Center Closed for Labor Day Holiday	6 Roast Pork with Apple Chutney Sauce	7 Roasted Turkey with Gravy &  Tomato Basil Soup	8 Baked Fish with Ginger Glaze or Japanese Style BBQ Chicken	9 Sweet & Sour Meatballs
Alternate Choices: Chicken Caesar Salad or Veggie Bean Salad or Turkey Sandwich or Veggie Grilled Cheese Sandwich				
12 Teriyaki Chicken or Mongolian Beef	13 Spinach & Cheese Strata	14 Roast Beef with Gravy	15 Chicken Adobo  & Wild Rice Soup or Pork Chop with Onions	16 Fish Taco with Mango Salsa
Alternate Choices: Santa Fe Chicken Salad or Veggie Lentil Salad or Roast Pork Sandwich or Veggie Burger				
19 Sweet & Sour Pork or Fish with Black Bean Sauce	20 Chicken Fajitas	21 Broiled Tilapia with Parmesan and Lentil Soup 	22 Vegetarian Chili or Korean Style Pork Chop	23 Curry Chicken
Alternate Choices: Thai Pork & Mango Salad or Veggie Bean Salad or Turkey Waldorf Pita or Veggie Black Bean Burger				
26 Beef Enchilada  Casserole & Tortilla Soup or Kung Pao Chicken	27 Baked Dill Salmon with Lemon	28 Garlic Stir Fry Chicken	29 Cheeseburger or Fish with Eggplant	30 Pork Chop with Onion Gravy
Alternate Choices: Chinese Chicken Salad or Veggie Hawaiian Fruit Salad or Chicken Salad Sandwich or Veggie Wrap				

- **Call (408) 586-3413 to make or cancel your reservation.** Reservations are required to guarantee a lunch. *If you are unable to come for lunch and fail to cancel your reservation, your remaining reservations will be canceled until we hear from you.*
- **Reservations must be made by Noon (12:00 pm) 2 days before you plan to attend (order by Noon on Thursday for a Monday lunch).**
- Suggested contribution is \$3.00 for seniors 60 years and older. Guests under 60 are \$6.00.
- Check-In Desk is open 10:30-11:45 am. Please check-in by 11:30 am or your lunch may be given to someone on the Waiting List.
-  Indicates meals that exceed 1,000 mg of sodium.