









JANUARY 2022 LUNCH MENU



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>3</p> <p>Chicken Pot Pie</p> <p>Baked Turkey Breast with Garlic</p>	<p>4</p> <p>Baked Fish with Red Pepper Sauce</p>	<p>5</p> <p>Chili Mac (beef & turkey)</p>	<p>6</p> <p>Szechuan Pork</p> <p>Minced Beef with Tomato Sauce</p>	<p>7</p> <p>Coconut Curry Chicken</p>
☞ <u>Alternate Choices:</u> Chicken, Farro Salad or Vegetarian Italian Bean Salad or Roast Beef Sandwich or Vegetarian Boca Burger w/ Cheese				
<p>10</p> <p>Roast Pork with Apple Chutney</p> <p>Baked Chicken Drumsticks w/ Lemon Rosemary Sauce</p>	<p>11</p> <p>Garlic Rosemary Chicken</p>	<p> 12</p> <p>Vegetarian Cheese Lasagna w/ Spinach Sauce</p>	<p>13</p> <p>Chicken with Ginger Scallion Sauce</p> <p>Baked Chicken Thigh w/ Cinnamon Apple Sauce</p>	<p>14</p> <p>Meatballs w/ Marinara (beef & chicken)</p>
☞ <u>Alternate Choices:</u> BBQ Chicken Salad or Spinach, Cranberry, Walnut Salad or Turkey Cranberry Sandwich or Vegetarian Bean Burger				
<p>17</p> 	<p>18</p> <p>Sweet & Sour Pork</p>	<p>19</p> <p>Beef & Turkey Enchilada Casserole</p>	<p>20</p> <p>Turkey Divan</p> <p>Minced Pork Patty w/ Preserved Vegetables</p>	<p>21</p> <p>Arroz con Pollo (rice & chicken)</p>
☞ <u>Alternate Choices:</u> Beef Salad or Vegetarian Cottage Cheese Fruit Salad or Tuna Salad Sandwich or Vegetarian Hummus, Feta Wrap				
<p> 24</p> <p>Veggie Patty w/ Cuban Sauce</p> <p>Baked Chicken w/ Sesame & Miso Sauce</p>	<p>25</p> <p>Baked Chicken with Creamy Tuscan Sauce</p>	<p>26</p> <p>Baked Fish with Lemon Sauce</p>	<p>27</p> <p>BBQ Chicken Sandwich</p> <p>Baked Chicken Quarter Leg w/ Ginger Sauce</p>	<p>28</p> <p>Ginger Pepper Steak with Brown Rice</p>
☞ <u>Alternate Choices:</u> Chef Salad or Vegetarian Beet, Spinach & Feta Salad or Curry Apple Chicken Wrap or Vegetarian Boca Burger				
<p> 31</p> <p>Baked Fish Sandwich</p> <p>Baked Fish w/ Citrus Sauce</p>	<p>1</p> <p>Pork Char Siu</p>	<p>2</p> <p>Polla a la Crema (rice & chicken)</p>	<p>3</p> <p>Shepherds Pie (beef & turkey)</p> <p>Baked Pork w/ Korean Kimchi Sauce</p>	<p>4</p> <p>Calabacitas con Pollo (chicken & zucchini)</p>
☞ <u>Alternate Choices:</u> Chinese Chicken Salad or Vegetarian 3 Bean Barley Salad or Turkey & Cheese Sandwich or Egg Salad Sandwich				

The Senior Nutrition Program is taking reservations for Hybrid & To-Go orders only.

1. Call (408) 586-3413 to make or cancel your reservation. Reservations are required to guarantee a lunch. If you are unable to come for lunch and fail to cancel your reservation one day before, your remaining reservations will be cancelled.
2. Reservations & cancellations must be made by Noon (12:00 pm) 1 day before you plan to attend or cancel (order on Friday for Monday).
3. Suggested contribution is \$3 for seniors 60 years and older. A required fee of \$9.00 per meal for guests under 60.
4. **Hybrid** service is from 11 a.m.- 1 p.m. Check-in for Dine-in is from 11 -11:55a.m. Must be seated by 12 to receive lunch meal.
5. **To-Go** meals service is 12:00 - 1:00 P.M. Check-in begins at 12 noon. Unchecked-in lunches will be released to the Waiting List after 12:55 P.M.
6. Taking food from the lunch program is done at your own risk and should be eaten or refrigerated within 30 minutes.
7. Reheat at 350 F degrees or until bubbly for 5 minutes.
8. ☞ Indicates meals that exceed 1,000 mg of sodium.  Indicates Vegetarian meal  Indicates soup.
9. All meals will be served at 12 p.m. and includes milk and a seasonal fruit of the day.
10. Enjoy!!

